

AUB Medical Center Physicians' Directory

Physician Name: Sami Azar

Specialty: Endocrinology

Office **Location:** 5th Floor - Medical Center

Clinic **Location:** 2nd Floor - Building 23
Hours: Monday 13:00 - 17:00
Tuesday 8:00 - 11:15 / 13:15 - 17:00
Wednesday 13:30 - 17:00
Thursday 8:00 - 12:00
Friday 8:00 - 11:15 / 13:00 - 17:00



Contact/Scheduling Information

Telephone: 961 1 355500
Fax: 961 1 365 612
Department E-mail: ambcare@aub.edu.lb
Individual E-mail: sazar@aub.edu.lb

Clinical Interests:

Endocrinology, Diabetes, Osteoporosis, Obesity and Metabolism

Procedures:

Faculty Appointment:

Title: Professor
Department: Internal Medicine

Board Certification:

Board of Registration in Medicine, Commonwealth of Massachusetts
American Board of Internal Medicine
American Board of Endocrinology, Diabetes and Metabolism

Training

University:
Year of Graduation

MD
American University of Beirut
1985

Internship:

1985-1986

Internal Medicine - American University of Beirut Medical Center

Residency:

1986-1988
1991-1992

Boston University School of Medicine, Boston - MA, USA
Boston University School of Medicine, Boston - MA, USA

Fellowship(s):

1988-1989
1988-1989
1989-1992

Diabetes and Metabolism, Joslin Diabetes Center, Harvard Medical School, Boston - MA, USA
Endocrinology, New England Deaconess Hospital, Harvard Medical School, Boston - MA, USA
Fellowship in Endocrinology - Boston University School of Medicine, Boston - MA, USA

Research Interests:

Metabolism: Diabetes, Obesity and Lipid disorders.

Publications:

Zalloua PA, Abchee A, Shbaklo H, Zreik T, Terwedow H, **Azar ST***. Patients with early onset of type-1 diabetes have significantly higher GG genotype at position 49 of the CTLA4 gene. Humman Immunol 65(7):719-24.,2004

Zalloua PA, Terwedow H, Shbaklo H, Halaby G, Xu X, **Azar ST***. Host and environmental factors defining the epidemiology of type 1 diabetes mellitus in a group of Lebanese children and young adults. J Pediatr Endocrinol

Zalloua PA, Shbaklo H, Halby G, Terwedow H, Xu X, **Azar ST***. Type- 2 diabetes family history delays the onset of type-1 diabetes. J Clin Endocrinol Metab 87:3192-3196, 2002

Azar ST, Salti I, Zantout MS, Major S. Alterations in the plasma transforming growth factor- β in normoalbuminuric type-1 and type-2 diabetic patients. J Clin Endocrinol Metab 85(12), 4680-4682,2000

Azar ST, Birbari A. Nocturnal blood pressure elevation in patients with type 1 diabetes on intensive insulin therapy compared to conventional insulin therapy. J Clin Endocrinol Metab 83:3190-3193,1998